Welcome to this issue of Integral Review (IR)! We are pleased to welcome you to a new regular issue, which brings together a rich set of interesting articles, essays and reviews.

In the year since our last regular issue, we have gathered a diverse range of articles, essays and reviews that touch on a range of relevant and topical societal issues. This is just the kind of discourse Integral Review was designed to foster, so we are pleased to see this range of articles in the current issue.

In particular, we see the engagement of reviews related to topical issues in public policy broadly in relation health care (COVID-19 and interventions for psychiatric issues) that can inform further research and decision making. We also see the topic of relating moral development with business, which also has significant potential to influence thought and practice in these areas. We also have a look at the transformational power of action research inquiry methods that can inform not only formal research, but also personal practice.

From there, we have a rich discussion of JEDI (no, not Star Wars JEDI) issues from a developmental perspective – the discussion originating in a submission and continuing in an extensive response. We hope this stimulates more such rich discussion in this field and helps inform discourse in that timely public field that is much needed.

An update on work published in the last issue keeps us abreast of progress on an ambitious project worthy of the integral aims. Two essays bring personal insights into weaving together different domains and practices, and a transcript of a conference session from a decade ago offers a rich example of transcultural work. As well, as per usual, we close with a couple of extensive book reviews.

It has been my pleasure as always to be a small part of the process of this collection of works coming to the light of day. I would also note our ongoing commitment, taking at the beginning of our journey with Integral Review, to the open access process. We have undergone a thorough process of updating how we meet the criterion for being registered with the Directory of Open Access Journals, which has been rewarding to be listed there. As well, I recently was reminded that we are listed by EBSCO in the Social Sciences category, giving our authors’ work broad accessibility. I have also noted the significant extent to which our publications show up in google scholar. All of this, on top of the continuing robust numbers of visits to our website and downloads of articles, keeps us grateful that this body of work is able to be available to our community.

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Our peer reviewed section for this issue contains four articles. We begin with Oliver Robinson’s *COVID-19 Lockdown Policies: An Interdisciplinary Review*. This timely article takes a deep dive into four sets of research; biomedical, economic, psychological, and ethical. Each is addressed extensively, covering a wide range of complex analyses done in each field. Combining these and showing the importance of considerations in each domain for policy makers can help them make better informed decisions. As well, a postscript notes that the conclusions of this article are supported with a recent review of the cost-benefit analysis of lockdown measures.

Next, we have *A Relational Approach to Moral Development in Societies, Organizations and Individuals* from Michael F. Mascolo, Allison DiBianca Fasoli and David Greenway. This article brings together research in moral development and applies it to three cases in the field of business, using a relational based approach. The authors lay out the case for how relations between people continuously evolve a set of moral goods that then inform actions. This integration also includes how all of this arises in socially embedded contexts. This extensive elaboration of this perspective is then applied to the domain of business and how moral thinking is inherently integrated rather than separate. This is then illustrated through describing how three business cases integrate morality as an evolving relational process.

Then we have *A Systematic Review of HeartMath© Interventions to Improve Psychological Outcomes in Individuals with Psychiatric Conditions* from Lucy Field, Mark Forshaw and Helen Poole. This article examines research done using HeartMath tools, (see McCraty et al., 2009 in IR for an extensive background to the research behind these tools), with a very specific focus on how they have been able to contribute to addressing psychiatric conditions. The implications of this are significant, in terms taking a proactive, non-invasive approach that does not come with the same costs of traditional interventions, both for individuals and society. This systematic review can provide support and justification for further research in this area.

Our final peer reviewed article is from Hilary Bradbury and Lara Catone: *Cultivating Developmental Reflexivity: ART of Relational Inquiry Methodology for Self and Community Transformation*. This multi-layered article addresses multiple facets of our lives. It engages in the concept and process of inquiry, deepening our appreciation for the transformative depths that are possible. The core focus on action research transformations (ART) focuses this powerfully and elaborates the possibilities present. Two developmental case studies richly illustrate the power of this kind of inquiry. The article closes with a list of key points to consider in assessing quality in utilizing this method in research and in life.

We begin our editorially reviewed section of this issue with an engaging essay from Aftab Erfan, *The Many Faces of JEDI: A Developmental Exploration*. This article shines a developmental lens on the growing body of work on justice, equity, diversity and inclusion. Erfan outlines her own position and journey in relation to both sets of work before presenting a rich overview of how each stage of action logic approaches the JEDI issues. Her first-person narrative takes us inside the thinking and motivations of people at each stage and illustrates the developmental journey as it applies to these societal issues. Erfan closes with a set of implications for practice that illuminates the complexity of working with JEDI issues and gives names to aspects of people’s experience that can help move the discourse forward.
Efran’s essay was circulated to various people to get feedback along the way and it stimulated a substantial Response to Erfan from Amiel Handelsman. Handelsman has been active on his own in relation to these issues (this knowledge is from personal correspondence with him over the past couple of years). His substantial response to Erfan’s article elaborates six points about what makes her work important, adding important perspectives that enrich her article. He then goes beyond directly responding to Erfan and outlines his own view, and then contributes three aims that can enlarge the discourse in this field.

In our most recent regular issue (Vol. 16 No. 2, August 2020) we published The Prometheus Leadership Commons: A Meta-Framework for Leadership and Leadership Development. In this issue, Tom Bohinc follows this up with A Promethean Mission – an Update on the Prometheus’ Leadership Framework. Bohinc describes the evolution of the framework to its current 2.0 status. The article begins by covering how various principles have been applied, tensions navigated, and processes engaged. It then describes the actual changes to the framework in version 2.0 how a variety of choices were made in this journey. There is then a section relating results from some focus groups that were run to examine how the framework might be applied for selecting early career leaders. The article closes with a list of future interests and open cautions.

We are pleased to present another essay from Marilyn Monk, Psychosynthesis and the Alexander Technique. This essay brings together her rich experience in both the Alexander Technique and Psychosynthesis. Coming from her practicing profession as a molecular biologist, in this essay she demonstrates other facets of her lived experience in the area of personal growth. Monk’s own training in these methods allows her to show the complementariness of these approaches. Her descriptions integrate historical development of the two approaches with thorough reflects on their application in various life circumstances.

Huw Lloyd has contributed an introduction to some of his work with Relations Between Cognitive Development and Spiritual Practice (Yoga). This essay introduces us to his particular constellation of perspectives on these two areas, integrating a wide range of conceptual frameworks. His conception of ‘the active orientation’ is central to how he weaves together personal experience with discourse on spiritual practices and aspects of cognitive psychology to illustrate what he sees as complementarity between these fields.

Back in 2013, we published a special issue on the Luxembourg Symposium Research Across Boundaries (link). An item that has remained unpublished from this event was a presentation from Enrique Dussel on Transmodernity. In this issue, I have dug up the transcription I made from a video recording from the event that I was able to access and made it as presentable as I could. It was a memorable presentation and gives a truly transcultural insight into the topic of transmodernity. I hope you enjoy it.

We complete this issue with two book reviews. One by Roland Slot and Sveinn Hrobjartsson on Marianne Bozesan’s Integral Investing: From Profit to Prosperity. Bozesan’s work in this area has garnered wide ranging attention for its depth and thoroughness in how she covers the topic and brings her knowledge of Wilber’s integral approach and her personal experience to the topic. Slot and Hrobjartsson provide us an overview of the main text of the book and then provide us with three thoughts for further considerations.
The second review is by Heikki Jyväsjärvi on Eeva Kallio’s anthology *Development of adult thinking: Interdisciplinary perspectives on cognitive development and adult learning*. Jyväsjärvi gives us an extensive summary of the arguments Kallio makes for the need for this anthology. He then presents a summary of each of the book chapters, enabling us to have a good feel for the value of this rich presentation of thinking in the field.

Enjoy this issue!